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Updated
22nd March 2024

SURNAME(s)	FORNAME(s)	TITLE	EDITION	Year of Publication	ISBN	Number of Copies
Abbot	Andrew	Method of Discovery: Heuristics for the Social Sciences		2004	0-393-97814-1	1
Abraham, Llewellyn-Jones	Suzanne, Derek	Eating Disorders: The Facts	2nd	1987	0-19-261699-4	1
Abrams	Jeremiah	Reclaiming the Inner Child	1st	1995	1-85538-456-6	1
Adams	Clint	Lighting the Blue Flame	1st	2020	978-1-5289139-7-3	1
Adichie	Chimamanda Ngozi	We Should All Be Feminists	1st	2014	978-0-00-811527-2	1
Ainscough, Toon	Carolyn, Kay	Breaking Free: Help for the Survivors of Child Sexual Abuse	1st	1996	0-85969-664-2	2/2
Ainscough, Toon	Carolyn, Kay	Breaking Free: Help for the Survivors of Child Sexual Abuse	2nd	2000	0-85969-810	1/2
Akala		Natives: Race and Class in the Ruins of Empire	1st	2018	979-1-473-66121-9	1
Aldridge	David	Suicide: The Tragedy of Hopelessness	1st	1998	1-85302-444-9	1
Alvarez	Anne	Live Company: Psychoanalytic Psychotherapy with Autistic, Borderline, Deprived and Abused Children	1st	1999	0-415-06097-4	1
Anderson	Scott C.	The Psychobiotic Revolution: Mood, Food and the New Science of the Gut-Brain Connection	1st	2017	978-1-4262-1846-0	1
Andreas, Faulkner	Steve, Charles	NLP: The New Technology of Achievement	1st	1996	1-85788-122-2	1
Andrews S.J.	Paul	Changing Children: Living with a New Generation	1st	1994	0-7171-2138-0	1
Anorexic Family Aid National Information Centre Norwich		British Review of Bulimia + Anorexia Nervosa: Vol 1. No 1.	1st	1986		1
Appignaesi, Zarate	Richard, Oscar	Freud for Beginners	1st	1994	1-874166-005	1
Applewhite	Ashton	This Chair Rocks: A Manifesto Against Ageism	1st	2015	978-0-9969347-0-1	1
Arcana	Judith	Our Mother's Daughters	1st	1988	0-7043-3864-5	1
Argyle	Michael	The Psychology of Interpersonal Behaviour	2nd	1973	0-14-02-0853-4	1
Armstrong	Karen	The Gospel According to Women	2nd	1996	0-00-627953-8	1
Aron	Elaine N.	The Highly Sensitive Person: How to Thrive When the World Overwhelms You	2nd	2003	0-7225-3896-0	1
Asbell, Wynn	Bernard, Karen	Look Yourself Up	1st	1992	1-85702-061-8	1
Ashurst, Hall	Pamela, Zaida	Understanding Women in Distress	1st	1991	0-415-01833-1	1
Assagioli	Roberto	Psychosynthesis	1st	1975	0-85500-047-3	1
Assagioli	Roberto	Transpersonal Development: The Dimension Beyond Psychosynthesis	2nd	1991	1-85274-062-0	1/2
Assagioli	Roberto	The Act of Will: A Guide to Self-Actualization and Self-Realization	1st	1984	0-85500-207-7	1
Aston	Maxine	Aspergers in Love: Couple Relationships and Family Affairs	1st	2003	1-84310-115-7	1
Atkinson	David	The Church's Healing Ministry: Practical and Pastoral Reflections	1st	2011	978-1-84825-077-2	1
Atkinson, Wells	Kim, Catherine	Creative Therapies: A Psychodynamic Approach Within Occupational Therapy	1st	2000	0-7487-3310-8	1
Attwood, Evans, Lesko	Tony, Craig R., Anita	Been There. Done That. Try This! An Aspie's Guide To Life On Earth	1st	2014	978-1-84905-964-0	1
Austin	Valerie	Self Hypnosis: A Safe Self-Help Guide	1st	1994	0-7225-2924-4	1
Axline	Virginia M.	Dibs: In Search of Self	1st	1964	978-0-140-13459-9	1/2
Axline	Virginia M.	Dibs: In Search of Self	1st	1990	0-14-013459-X	2/2
Bager-Charleson	Sofie	Reflective Practice in Counselling and Psychotherapy	1st	2010	978-1-84445-360-3	1/2
Bager-Charleson	Sofie	Reflective Practice in Counselling and Psychotherapy	1st	2010	978-1-84445-360-3	2/2
Bager-Charleson, Van Rijn	Sofie, Biljana	Understanding Assessment in Counselling and Psychotherapy	1st	2011	978-0-85725-473-3	1
Baker	Nick	The Experiential Counselling Primer	1st	2008	978-1-898059-83-7	1
Baldwin, Thomas	David, Sally	Depression and Sexual Function	1st	1997	1-85317-482-3	1
Bandler, Grinder	Richard, John	Frogs into Princes: Neuro Linguistic Programming	2nd	1990	1-870845-03-X	1
Barden, Caleb	Nicola, Ruth	Student Mental Health and Wellbeing in Higher Education: A Practical Guide	1st	2019	978-1-5264-2122-7	1
Barham, Hayward	Peter, Robert	Relocating Madness from the Mental Patient to the Person	1st	1995	1-85343-307-1	1
Barnes, Berke	Mary, Joseph	Mary Barnes: Two Accounts of a Journey Through Madness	1st	1994	0-14-92-1053-9	1
Baron, Wagele	Renee, Elizabeth	The Enneagram Made Easy: Discover the 9 Types of People	1st	1994	0-06-251026-6	1
Baron-Cohen	Simon	Zero Degrees of Empathy	1st	2011	978-0-713-99791-0	1
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Barrett-Lennard	Godfrey T.	Carl Rogers' Helping System: Journey and Substance	1st	1999	0-7619-5677-8	1/2
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Barrett-Lennard	Godfrey T.	Steps on a Mindful Journey: Person-Centred Expressions	1st	2003	1-898059-58-6	1/2
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Barter	Dorin	Grace Abounding: Wrestling with Sin and Guilt	1st	1993	0-232-51975-7	1

Bass, Davis	Ellen, Laura	Beginning to Heal: A Guide for Female Survivors of Child Sexual Abuse	1st	1990	0-7493-1655-1	1
Bass, Davis	Ellen, Laura	The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse	1st	1990	0-7493-0938-5	1/2
Bass, Davis	Ellen, Laura	The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse	1st	1990	0-434-11168-6	2/2
Bateman, Fonagy	Anthony, Peter	Mentalization-Based Treatment for Borderline Personality Disorder: A Practical Guide	1st	2007	978-0-19-857090-5	1
Bateman, Fonagy	Anthony, Peter	Psychotherapy for Borderline Personality Disorder: Mentalization-Based Treatment	1st	2004	0-19-852766-7	1
Bates	Sasha	Languages of Loss: A Psychotherapist's Journey Through Grief	1st	2020	978-1-529-31269-0	1
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Bayne, Bimrose, Horton	Rowan, Jenny, Ian	New Directions in Counselling	1st	1996	0-415-13143-X	1
Bayne, Nicolson	Rowan, Paula	Counselling and Psychology for Health Professionals (Therapy in Practice No: 35)	1st	1993	0-412-41140-7	1
Bazire	Stephen	Psychotropic Drug Directory 2000: The Professionals' Pocket Handbook & Aide Memoire	1st	2000	1-85642-180-5	1
Bazzano	Manu	Re-Visioning Person-Centred Therapy: Theory and Practice of a Radical Paradigm	1st	2018	978-0-8153-9409-9	1
Bear	Zetta	Good Practice in Counselling People Who Have Been Abused	1st	1998	1-85302-424-4	1
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Bell	Lorraine	Managing Intense Emotions and Overcoming Self-Destructive Habits: A Self-Help Manual	1st	2003	1-58391-915-5	1
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Benner	David G.	Healing Emotional Wounds	1st	1990	0-8010-0983-9	1
Benner	David G.	Psychotherapy and the Spiritual Quest	1st	1988	0-340-50114-6	1
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Bentall	Richard P.	Madness Explained: Psychosis and Human Nature	1st	2003	0-713-99249-2	2/2
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Berne	Eric	Transactional Analysis in Psychotherapy: The Classic Handbook to its Principles	1st	2001	0-285-64776-8	1
Berne	Eric	Games People Play: The Psychology of Human Relationships	1st	1964	64-13783	1/3
Berne	Eric	Games People Play: The Psychology of Human Relationships	1st	1964	0-14-00-2768	2/3
Berne	Eric	Sex in Human Loving	1st	1973	0-14-003657-1	1
Berne	Eric	What Do You Say after You Say Hello	10th	1989	0-552-09806-X	1/3
Berne	Eric	What Do You Say after You Say Hello	2nd	1981	0-552-09806-X	2/3
Bernheimer, Kahane	Charles, Claire	In Dora's Case: Freud, Hysteria, Feminism	2nd	1990	0-231-07221-X	1
Bernstein	Jerome S.	Living in the Borderlands: The Evolution of Consciousness and the Challenge of Healing Trauma		2005	978-1-58391-757-2	1
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Bettelheim	Bruno	A Good Enough Parent		1987	0-500-01413-2	1
Bettelheim	Bruno	Freud and Man's Soul	1st	1982	0-14-014757-8	1
Bettelheim	Bruno	The Informed Heart: A Study of the Psychological Consequences of Living Under Extreme Fear and Terror		1986	0-14-55206-5	1
Bettelheim	Bruno	First Person Plural: Multiple Personality and the Philosophy of Mind	1st	1982	0-14-014757-8	1
Biestek	Felix P.	The Casework Relationship	1st	1961	0-04-361002-1	1
Bion	W. R.	Experiences in Groups and Other Papers	1st	1961		1/2
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Blatner	Adam	Acting-In: Practical Applications of Psychodramatic Methods	3rd	1997	1-85343-367-5	1
Blomkvist, Moreno, Rützel	Leif Dag, Zerka T., Thomas	Psychodrama, Surplus Reality and the Art of Healing	1st	2000	0-415-22320-2	1
Bloom	William	Psychic Protection: Creating Positive Energies for People and Places	1st	1996	0-7499-1603-6	1
Bly	Robert	Iron John: A Book about Men	1st	1991	1-85230-233-x	1
Bly	Robert	The Sibling Society	1st	1996	0-241-13721-7	1
Bochner, Ellis	Arthur P., Carolyn	Ethnographically Speaking: Autoethnography, Literature, and Aesthetics	1st	2002	0-7591-0129-9	1
Bohart	Arthur C.	The Art of Bohart: Person-Centred Therapy and the Enhancement of Human Possibility	1st	2021	978-1-910919-79-8	1

Bolen	Jean Shinoda	Goddesses in Everywoman: A New Psychology of Women	1st	1985	0-06-091291-X	1
Bollas	Christopher	Ideas in Psychoanalysis: Free Association	1st	2002	1-84046-352-X	1
Bolton, Field, Thompson	Gillie, Victoria, Kate	Writing Works: A Resource Handbook for Therapeutic Writing Workshops and Activities	1st	2006	1-84310-468-7	1
Bond	Tim	Standards and Ethics For Counselling in Action	2nd	2000	0-7619-6309-7	5/6
Bond	Tim	Standards and Ethics For Counselling in Action	1st	1993	0-8039-8646-7	1/2
Bond	Tim	Standards and Ethics For Counselling in Action	4th	2015	978-1-4739-1397-4	1
Bond	Tim	Standards and Ethics for Counselling in Action	2nd	2000	978-1-4129-0239-7	1
Bond, Mitchels	Tim, Barbara	Confidentiality & Record Keeping in Counselling and Psychotherapy	1st	2008	978-1-4129-1270-9	1/2
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Bond, Sandhu	Tim, Amanpreet	Therapists in Court: Providing Evidence and Supporting Witnesses	1st	2005	1-4129-1268-7	1
Bono, Fitzpatrick	Chaz (Chastity), Billie	Family Outing: The Guide to Coming Out for Gays, Lesbians and Their Parents	1st	1998	0-330-37735-3	1
Boorsein	Seymour	Transpersonal Psychotherapy	2nd	1996	0-7914-2836-2	1
Bor, Ebner-Landy, Gill, Brace	Robert, Jo, Sheila, Chris	Counselling in Schools	1st	2002	0-7619-7276-5	1
Borkin	Susan	The Healing Power of Writing	1st	2014	978-0-393-70821-9	1
Bouland	Henri	All is Grace: God and the Mystery of Time	2nd	1991	0-334-01876-5	1
Bowlby	John	Attachment and Loss: Volume 1 - Attachment	2nd	1991	0-14-013837-4	1
Bowlby	John	The Making & Breaking of Affectional Bonds	1st	1993	0-415-04326-3	1
Bowlby	John	Attachment and Loss: Volume 3 - Loss, Sadness and Depression				1
Bowlby	John	The Making and Breaking of Affectional Bonds	1st	1979	0-422-76860-x	1
Bowlby	John	Child Care and the Growth of Love	1st	1953		1
Boyle, Lee	Deborah CM, Men-Jean	Fast Facts: Religion and Medicine	1st	2008	978-1-903734-94-0	1
Boy, Pine	Angelo V., Gerald J.	A Person-Centered Foundation for Counselling and Psychotherapy	1st	1999	0-398-06966-2	1
Boy, Pine	Angelo V., Gerald J.	Client-Centered Counselling in the Secondary School	1st	1963		1
Bozarth	Jerold D.	Person-Centred Therapy: A Revolutionary Paradigm	1st	1998	1-898059-22-5	1/2
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Bozarth, Wilkins	Jerold D., Paul	Rogers' Therapeutic Conditions: Evolution, Theory and Practice, Vol 3: Unconditional Positive Regard	1st	2001	1-898059-31-4	1/3
Bozarth, Wilkins	Jerold D., Paul	Rogers' Therapeutic Conditions: Evolution, Theory and Practice, Vol 3: Unconditional Positive Regard	1st	2001	1-898059-31-4	2/3
Bozarth, Wilkins	Jerold D., Paul	Rogers' Therapeutic Conditions: Evolution, Theory and Practice, Vol 3: Unconditional Positive Regard	1st	2001	978-1-898059-31-8	3/3
Bradshaw	John	Bradshaw on: The Family - A Revolutionary Way of Self-Discovery	1st	1988	0-932194-54-0	1
Bradshaw	John	Healing the Shame that Binds You	1st	1988	0-932194-86-9	1
Bradshaw	John	Home Coming: Reclaiming & Championing your Inner Child	1st	1990	0-7499-1054-2	1
Brampton	Sally	Shoot the Damn Dog: A Memoir of Depression	1st	2008	978-0-74757-245-9	1
Brandes, Ginnis	Donna, Paul	A Guide to Student-Centred Learning	1st	1986	0-631-14933-3	1
Brandon	David	Human Being Human	1st	1977	0-905921-00-3	1
Brandon	David	Zen in the Art of Helping	1st	1976	0-7100-8427-7	1
Braude	Stephen E.	First Person Plural: Multiple Personality and the Philosophy of Mind		1995	0-8476-7996-9	1
Brazier	Caroline	Guilt: An Exploration	1st	2009	978-1-84694-160-3	1
Brazier	David	Beyond Carl Rogers	1st	1995	0-09-472610-8	1/3
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Brazier	David	Beyond Carl Rogers	1st	1995	0-09-472610-8	3/3
Brazier	David	Zen Therapy	1st	1996	0-09-474690-7	1/2
Brazier	David	Zen Therapy	1st	1995	0-09-474690-7	2/2
Breese	James	Counselling in General Practice Setting (Gateways to Counselling)	1st	1994	1-898458-10-3	1
Briere	John N.	Child Abuse Trauma: Theory and Treatment of Lasting Effects (Interpersonal Violence: The Practical Series)	1st	1992	0-8039-3713-X	1
Bringle	Mary Louise	Despair: Sickness or Sin? Hopelessness & Healing in the Christian Life	1st	1990	0-687-10493-9	1
Bromberg	Philip M.	Standing in the Spaces: Essays on Clinical Process, Trauma, and Dissociation	1st	2001	0-88163-356-9	1
Bromley	D. B.	The Psychology of Human Ageing	2nd	1974	0-14-02-0848-8	1
Broom	Brian	Somatic Illness and the Patient's Other Story	1st	1997	1-85343-381-0	1
Brown	Christine	Understanding Person-Centred Counselling	1st	2015	9-781446-207659	1
Brown	Judith	I Only Want What's Best for You: A Parent's Guide to Raising Well-Adjusted Children	1st	1988	0-434-11137-6	1

Brown	J. A. C	Techniques of Persuasion: From Propaganda to Brainwashing	1st	1964		1
Brown	J. A. C	Freud and the Post Freudians	1st	1961		1/2
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Brownmiller	Susan	Against Our Will: Men, Women and Rape	1st	1977	0-14-00-4244-X	1
Brownmiller	Susan	Femininity	1st	1986	0-586-08534-3	1
Bryant	Christopher	Jung and the Christian Way	1st	1983	0-232-51559-x	1
Bryant-Jefferies	Richard	Alive and Cutting: A Teenager's Journey In Therapy To Understanding Her Self-Harm	1st	2008	978-0-595-52963-6	1
Bryant-Jefferies	Richard	Binge! Would therapy resolve what his alcohol use never could?	1st	2007	978-0-595-44207-2	1
Bryant-Jefferies	Richard	Counselling A Recovering Drug User: A Person-Centred Dialogue	1st	2003	1-85775-850-1	1
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Bryant-Jefferies	Richard	A Little Book of Therapy	1st	2016	978-1-78719-117-4	1
Bryant-Jefferies	Richard	Models of Care For Drug Service Provision	1st	2004	1-85775-615-0	1
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Buchanan, Hughes	Laura, Rick	Experiences of Person-Centred Counselling Training	1st	2000	1-898-059-15-2	1
Bugental	James F. T.	Challenges of Humanistic Psychology	1st	1967	07-008842-X	1
Burnard	Philip	Counselling Skills for Health Professionals	1st	1992	0-412-32000-2	1
Burnard	Philip	Counselling A Guide To Practice In Nursing	1st	1992	0-7506-0643-6	1
Butler, O'Donovan, Shaw	Catherine, Amanda, Elizabeth	Sex, Sexuality and Therapeutic Practice: A Manual for Therapists and Trainers	1st	2010	978-0-415-44809-3	1
Buzan, Buzan	Tony, Barry	Radiant Thinking: The Major Evolution in Human Thought	1st	1993	0-563-86373-8	1
Cain	David J.	Classics in the Personal-Centred Approach	1st	2002	978-1-898059-48-6	1/2
Cain	David J.	Classics in the Personal-Centred Approach	1st	2002	1-898059-42 X	2/2
Callaghan	W. Sydney	Good Grief	1st	1990	0-00-627488-9	1
Calof	David L.	The Couple Who Became Each Other and Other Tales of Healing from a Hypnotherapist's Casebook	1st	1997	0-7126-7749-6	1
Campbell	Joseph	The Portable Jung	1st	1975	670-01070-7	1
Carnegie	Dale	How to Stop Worrying and Start Living	1st	1992	0-7493-0723-4	1
Carnes, Adams	Patrick J., Kenneth M.	Clinical Management of Sex Addiction	1st	2002	1-58391-361-0	1
Carroll	Michael	Counselling Supervision: Theory, Skills and Practice	1st	1996	0-304-32938-X	1/2
Carroll	Michael	Counselling Supervision: Theory, Skills and Practice	1st	1996	0-304-32938-X	2/2
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Carroll, Holloway	Michael, Elizabeth	Counselling Supervision in Context	1st	1999	0-7619-5789-8	1
Carruthers	Peter	Introducing Persons: Theories and Arguments in the Philosophy of Mind	1st	1986	0-415-04512-6	1
Casement	Patrick	Further Learning from the Patient: The Analytic Space and Process	1st	1990	0-415-05426-5	1
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Cashdan	Sheldon	Object Relations Therapy: Using the Relationship	1st	1988	0-393-70059-3	1
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Chadwick, Birchwood, Trower	Paul, Max, Peter	Cognitive Therapy for Delusions, Voices and Paranoia	1st	1996	0-471-96173-6	1
Chaplin	Jocelyn	Feminist Counselling in Action	1st	1988	0-8039-8080-9	1/3
Chaplin	Jocelyn	Feminist Counselling in Action	1st	1988	0-8039-8080-9	2/3
Chaplin	Jocelyn	Feminist Counselling in Action	1st	1992	0-8039-8080-9	3/3
Chapman	A. H.	Put-Offs & Come-Ons	1st	1970	552-08432-8	1
Charlesworth, Nathan	Edward A., Ronald G.	Stress Management: A Comprehensive Guide to Wellness	2nd	1986	0-285-63156-X	1

Charleton	Mary	Self-Directed Learning in Counsellor Training	1st	1998	0-304-32943-6	1
Charura,Lago	Divine, Colin	Black Identities + White therapies, Race, respect + diversity	1st	2021	978 1 910919 89 7	1/2
Charura,Lago	Divine, Colin	Black Identities + White therapies, Race, respect + diversity	1st	2021	978 1 910919 89 7	2/2
Chase	Nancy D.	Burdened Children: Theory, Research and Treatment of Parentification	1st	1999	0-7619-0764-5	1
Chetwynd	Tom	A Dictionary of Symbols	1st	1982	0-586-08351-0	1
Chetwynd	Tom	Dictionary for Dreamers		1972	0-586-08159-3	1
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Cirlot	J. E.	A Dictionary of Symbols	2nd	1971	0-7100-7177-9	1
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Clark	Jean	Freelance Counselling and Psychotherapy: Competition and Collaboration	1st	2002	0-415-23725-4	2/2
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Clarkson	Pertruska	The Therapeutic Relationship	1st	1997	1-897635-87-7	1
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Clarkson	Pertruska	Gestalt Counselling in Action	1st	1989	0-8039-8189-9	1/2
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